

## **Clark County Health Department Programs and Services**

**WIC Program-** Women, Infant & Children program is a federally funded supplemental food program for pregnant, postpartum, or nursing women, infants, and children under five years of age. Clients must meet income requirements and be at nutritional risk.

**Family Case Management Program-** This program assures early access to needed services for pregnant women and children through age 2.

**Lactation Counseling-** Certified Lactation Counselors offer breastfeeding counseling for health department clients. Along with information on breastfeeding, nursing staff assists mother with their success in comforting, nurturing, and caring for their infant. A Breastfeeding Peer Counselor is also on staff.

**Immunizations-** The Health Department provides child and adult immunizations. Children vaccines are available through the Vaccines for Children program. We also accept insurances for adult vaccines.

**Pregnancy Testing-** Pregnancy tests are available free of charge.

**Lab Draws-** The Health Department contracts with the Sarah Bush Lincoln Health System Laboratory. This service is offered for uninsured and underinsured Clark County residents upon request of their physician.

**Adverse Pregnancy Outcome Reporting System Program-** Nursing staff visits the homes of all high-risk and premature Clark County infants to provide Case Management services, which include monitoring development and providing referrals for medical evaluation when needed.

**Tobacco Cessation-** Staff provides referrals to the Illinois Tobacco Quit Line (1-866-784-8937). Participants in this counseling program may be eligible to receive assistance with cessation aids.

**Baby and Me Smoke Free-** Free diaper vouchers are a central component of the Baby & Me Tobacco Free program. This national smoking cessation program, partners with the Clark County Health Department to eliminate tobacco use of pregnant and postpartum women. Women receive four prenatal counseling sessions and carbon monoxide (CO) monitoring. (Breath CO monitoring provides a way to verify self-reported claims of tobacco abstinence.) After the baby is born, the mother returns monthly for CO monitoring. Each time she is smoke-free, she receives a \$25 diaper voucher to use at a local participating store. Programs can run for 6 to 12 months postpartum, depending on available funding.

**Investigation and Control of Communicable and Sexually Transmitted Diseases-** The goal of the Communicable Disease program is to reduce illness and death from communicable disease in the community by identifying illness, investigating causes, and recommending actions to prevent transmission and spread.

**Tuberculosis Control-** The Health Department conducts Tuberculosis screening and coordinates treatment for persons confirmed with active Tuberculosis. Preventative services are provided for persons who have been exposed to Tuberculosis, but do not have an active disease.

**Jail Physicals-** Health Department nurses provide a comprehensive assessment of the physical health of Clark County jail inmates on a bi-monthly basis.

**Nail Clipping-** Health Department nurses trim nails for those persons who are unable to complete this task. Please contact our office to schedule an appointment.

**Environmental Health Services-** The scope of environmental health includes advising, consulting, and securing the elimination of environmental hazards in cooperation with other local, state, and federal agencies.

Services provided include: issuing water well permits, consulting and permits for private sewage systems, food borne illness investigations, screening/testing of water samples, well inspections and surveys, investigation of solid waste, insect, rodent and nuisance complaints, restaurant and temporary food stand inspections, emergency preparedness and response, real estate transfer inspections of private water wells and septic systems, and West Nile Virus surveillance.

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